

# 2012 GASPARILLA PRE-RACE DINNER BUFFET



THE WESTIN  
TAMPA HARBOUR ISLAND  
725 South

On both Friday & Saturday evenings, Race Weekend Host Hotel, The Westin Tampa Harbour Island will host Pre-Race Dinner Buffets AKA Pre-Race Pasta Dinners!

Tickets will be available for pick up during the 8 On Your Side Health & Fitness Expo on Friday and Saturday, March 2-3, 2012. The Pre-Race Dinner Buffet tickets will be located in the rear of the Tampa Convention Center's East Hall at the Questions/Information Counter.

Email \_\_\_\_\_  
(email address required for registration confirmation)

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Address/ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Country \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

FOR MORE INFORMATION, PLEASE VISIT  
WWW.TAMPABAYRUN.COM, OR CALL (813) 254-7866

Friday, March 2, 2012  
5:00 p.m. - 9:00 p.m.

- Four Bean Soup
- Grilled Chicken Breast Over Steamed Baby Spinach
- Seared North Atlantic Salmon Over Sautéed Baby Arghhhugula
- Balsamic Broiled Lean Sirloin Over Fava Beans
- Olive Oil Tossed Edamame Beans
- Herb Red Bliss Potatoes
- Chef's Pasta Station

ADULT \$23 (until 02/24/12) x \_\_\_\_\_ = \_\_\_\_\_

\$27 (Race Weekend)

CHILD (12 & under) \$16 (until 02/24/12) x \_\_\_\_\_ = \_\_\_\_\_

\*pricing includes tax/grat.

Saturday, March 3, 2012  
5:00 p.m. - 8:00 p.m.

- Four Bean Soup
- Lime Grilled Lean Chicken Breast Over Brocolini
- Fire Grilled North Atlantic Salmon & Poached Lentils
- Broiled Lean Sirloin
- Pinto and Black Beans
- Brown Rice Pilaf
- Chef's Pasta Station

ADULT \$23 (until 02/24/12) x \_\_\_\_\_ = \_\_\_\_\_

\$27 (Race Weekend)

CHILD (12 & under) \$16 (until 02/24/12) x \_\_\_\_\_ = \_\_\_\_\_

\*pricing includes tax/grat.

TOTAL AMOUNT DUE \$ \_\_\_\_\_

Make Checks payable in U.S. funds to : GDCA and mail to:  
GDCA - P.O. Box 1881 - Tampa, FL 33601-1881